

**2016 Gold and Silver Time Standards**

In Yards		In Meters				In Yards		In Meters	
Gold Std.	Silver Std.	Gold Std.	Silver Std.		Gold Std.	Silver Std.	Gold Std.	Silver Std.	
<b>Girls</b>					<b>Boys</b>				
<b>6 &amp; Under</b>					<b>6 &amp; Under</b>				
25 Free	24.32	32.49	27.00	36.06	25 Free	25.22	36.20	27.99	40.18
25 Back	28.82	38.99	31.99	43.28	25 Back	32.00	36.00	35.52	39.96
<b>7 - 8</b>					<b>7 - 8</b>				
25 Free	18.19	22.56	20.19	25.04	25 Free	18.28	21.59	20.29	23.96
25 Back	22.96	27.93	25.49	31.00	25 Back	23.14	26.69	25.69	29.63
<b>8 &amp; Under</b>					<b>8 &amp; Under</b>				
25 Breast	25.67	31.09	28.49	34.51	25 Breast	26.50	31.50	29.42	34.97
25 Fly	25.00	31.59	27.75	35.06	25 Fly	23.68	27.69	26.28	30.74
<b>9 - 10</b>					<b>9 - 10</b>				
50 Free	36.03	43.42	39.99	48.20	50 Free	35.91	43.95	39.86	48.78
25 Back	20.71	23.78	22.99	26.40	25 Back	20.44	26.69	22.69	29.63
25 Breast	21.61	25.49	23.99	28.29	25 Breast	23.50	26.50	26.09	29.42
25 Fly	18.50	23.00	20.54	25.53	25 Fly	18.70	23.59	20.76	26.18
<b>10 &amp; Under</b>					<b>10 &amp; Under</b>				
100 IM	1:30.50	1:42.00	1:40.45	1:53.22	100 IM	1:30.98	1:46.00	1:40.99	2:05.67
<b>11 - 12</b>					<b>11 - 12</b>				
50 Free	31.25	39.58	34.69	43.93	50 Free	32.42	38.59	35.99	42.83
50 Back	39.50	48.00	43.85	53.28	50 Back	41.00	48.50	45.51	53.84
50 Breast	43.68	51.20	48.48	56.83	50 Breast	45.76	52.30	50.79	58.05
50 Fly	38.50	46.00	42.74	51.06	50 Fly	38.80	48.80	43.07	54.17
100 IM	1:19.00	1:37.00	1:27.69	1:47.67	100 IM	1:25.00	1:35.99	1:34.35	1:46.55
<b>13 - 14</b>					<b>13 - 14</b>				
50 Free	30.89	35.00	34.29	38.85	50 Free	28.67	35.59	31.82	39.50
50 Back	38.73	45.49	42.99	50.49	50 Back	35.58	43.99	39.49	48.83
50 Breast	40.98	48.99	45.49	54.38	50 Breast	38.64	41.99	42.89	46.61
50 Fly	38.00	46.99	42.18	52.16	50 Fly	32.24	39.99	35.79	44.39
100 IM	1:19.00	1:37.00	1:27.69	1:47.67	100 IM	1:15.23	1:32.44	1:23.51	1:42.61
<b>15 - 18</b>					<b>15 - 18</b>				
50 Free	29.50		32.75		50 Free	26.60		29.53	
50 Back	36.50		40.52		50 Back	33.20		36.85	
50 Breast	40.08		44.49		50 Breast	36.03		39.99	
50 Fly	32.21		35.75		50 Fly	28.50		31.64	
100 IM	1:14.00		1:22.14		100 IM	1:09.00		1:16.59	

multiply meter times by .9009 to convert to yards  
multiply yard times by 1.11 to convert to meters